

Two Percent of Students Elect Representatives

Last week's Student Congress elections filled 15 of the 24 representative seats that were vacant. Turnout this year was slightly higher than the national average according to Student Government President Kimbell Smith.

A total of 163 students cast ballots, with BAPA accounting for 87 of those voters. Natural Sciences cast more ballots in

an uncontested race than either Human Development or Arts and Humanities in contested races.

Smith said that every effort would be made to fill the vacant seats at the earliest opportunity. Pictures of the new representatives will be in the next issue of the Mercury.

BUSINESS

Undergraduate

Greg Hansen
Mike Odoessien

Graduate

Dipak C. Jain

NATURAL SCIENCES AND MATHEMATICS

Undergraduate

Frank Clement

Graduate

Dan Adams
Mahbub Hussain

ARTS AND HUMANITIES

Undergraduate

Melissa White
David Smith

HUMAN DEVELOPMENT

Undergraduate

Richard Yeager
Susan Rybak

GENERAL STUDIES

Undergraduate

Larry Bassett
Sharon M. Nelson

SOCIAL SCIENCES

Undergraduate

Bharat Mohan Pema
Randy Spears

Graduate

Bill Stolberg

UTD MERCURY

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Sept. 26, 1983

Congress Leaders Welcome the Help

Election dispute explained

By Chuck Sutlive

The two students who prior to last week's elections were the only members of the UTD student government are grateful for the help they expect to receive from new Student Congress members.

Student Congress Vice President Peat Alford noted that graduations over the summer left him and President Kimbell Smith virtually alone in running the student government.

"Since the summer it's been me and Kim, with help from our secretaries (Larry Bassett and Barry Pullman)," Alford said.

The lack of help hit them hardest recently. Smith, Alford and company were faced with the tasks of organizing the welcome party, followed by the student government elections.

Being overworked led directly to some problems with the election and complaints from students. When asked about the alleged irregularities, Smith, busy manning the booth for the last few voters of the election, referred the matter to Alford.

Complaints made and the vice president's response to the complaints follow.

1. A running total was released to some candidates as the election proceeded. It was argued that this might have violated a candidate's right to a secret ballot.

Alford noted that under Article 3.06 of the election code, the rules committee (which for this election consisted of Smith and himself,

since no one else was available) "has the authority to make arrangements or devise any system reasonably calculated to expedite and effectuate the ballot counting process." While he admitted the procedure is not common in UTD elections, Alford said it has been used in the past.

2. A candidate in the election manned the polls for a time.

Alford noted that the candidate, student government secretary Larry Bassett, was running in an uncontested race. Again, since Alford and Smith were shorthanded in running the election, they accepted any help they could get, including Bassett's.

"Larry works for us and his integrity is unquestionable. Since he was running unopposed, he didn't even campaign," Alford noted. He said Bassett's help gave the two student government officers a break from the two days of the election, during which they spent "every waking hour, except when we had classes" at the polls.

3. The ballot box was not sealed, contrary to common practice in elections.

Alford said he and Smith did not feel the ballot box needed to be sealed since there was someone manning the polls all day and since the ballots were handed singly to students as they voted. He noted there was a tendency to leave the box unsealed because in one election a student government member left with the key to the ballot box lock.

4. The election was held only three days after the filing deadline for candidates, rather than five days as required by the

con't. on page 2



Cirigliana's work includes this photo of a Dallas drive-in.

Infrared Photo Show Planned

By CAROL WOODS

Step right up, folks, the circus is coming to town. Or, more accurately, "Circus Rouge/Infrared Visions" is coming to UTD's Fine Arts Gallery Oct. 7-27.

Ringmaster Roy Cirigliana, a Dallas photographer, is presenting his one-man show, "Circus Rouge/Infrared Visions," a black and white, infrared, photographic, personal statement about the mundane and everyday life be-

tween performances of a traveling circus.

Cirigliana's "visions" illustrate his own dreams, illusions and realities. His technique, the recording of images formed by infrared radiation, softens the edges of reality and turns his subjects into a dreamlike state.

Roy's work has been published in *The American Infrared Survey* and the 1983 *Texas Book of Days*, and he did the photography for the record album "Clearlight." His work

has been shown at several Dallas locations, including the Allen Street Gallery and the 500 Exposition Gallery, and in other cities throughout the U.S.

Cirigliana currently is coordinator of photography at El Centro College and part-time faculty at Tarrant County Junior College.

A "circus" (also known as a reception and open house) will be held for the artist Thursday, Oct. 6, 7-9 p.m. in UTD's Fine Arts Building.

J.W.'s

Jabber Wocky

The Who asked, "Who are you?"

Abbott and Costello said, "Who's on first."

At this time of year it's *Who's Who Among American Colleges and Universities*. And if you think you should be included in this annual or if you want to nominate someone else, please go by Student Activities and pick up an application. Deadline for applications is Monday, Oct. 3.

How about them Cowboys! This could be the season when they fail to choke in the big game and allow Tom Landry to retire as the World Champion he is. By the way, the Student Government office has a limited supply of posters with the 1983 Cowboys schedule on them, so stop by and pick one up.

The new literary magazine, *Creativa*, is progressing quite well. Deadline for the premier issue is Oct. 1. Submit one of your masterpieces today.

Someone commented upon the noise in the halls during classes. The worst problem appears to be those carts with the wheels that must be square to make such a clatter. We're not sure what the solution is, but radials might help.

And finally, a hearty "welcome aboard" to the new Student Congress members. Let's hope this will be the most successful year yet for Student Government at UTD. The Mercury and its staff stand ready to assist you any way we can. Good day!

And speaking of picking up, let's make an effort to do just that in the Student Union. This doesn't apply to all of you, but the guilty people know who they are. If you've ever been in the Union at about 8 p.m. you know what I mean. The place is a mess. Haven't you heard of trash cans? You have to walk by at least one to leave the building. Enough on that subject.

J.W. (BUDDY) GIBSON IV

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Election - from page 1

election code.

The election was held early in an effort to get more help in the student government as soon as possible to take some of the load off the two officers, Alford said.

5. Graduate students were allowed to vote for undergrads and vice versa.

This procedure ensured both undergraduate and graduate students a chance to choose representatives who may serve on committees which require both grad and undergrad members.

The apparent student apathy which led to the shortage of student government members was evident in the election as a number of Congress seats had no candidates while other contests had candidates running unopposed.

Alford said that while this apathy bothers him, he can understand it. "That's the nature of a commuter school," he said. "Many of the students are trying to work and go to school and they just don't have the time for student activities."

And yet, when Alford found himself in the same situation (a single parent with two part-time jobs and a full-time class load) he decided to run for the position he currently holds. "I felt it was something I had to do," he said. "I literally had hell coordinating my studies, both jobs and my home life. It takes a lot of work initially, but I think the cause is worth it. I really do."

Editor's Note: Sutlive, who was an unsuccessful candidate for Student Congress, is a regular contributor to the Mercury.

Housing, roommate assistance offered

UTD's Student Government encourages students to utilize its Housing/Roommate Assistance service. Updated files are available for review at the Student Government office in SU 2.102.

To facilitate use of the system, the service's form has been amended to provide more information than in the past, to aid students in making choices, and to provide more detailed descriptions of accommodations available.

If you have a room or apartment for rent, are looking for a place to live, or are seeking a roommate to share your apartment or home, Student Government would welcome your visit to its office to complete one of the new forms or review the file, so that you might find the situation best suited to your needs.

New dean selected



Photo by Chuck Sutlive

Dr. Thomas Tighe becomes Dean of School of Human Development in February.

Dr. Thomas J. Tighe, professor of psychology and former associate provost at Dartmouth College, has been appointed dean of UTD's School of Human Development.

It's expected he will assume the position in February 1984.

Tighe has been at Dartmouth since 1963, after beginning his academic career at Columbia University in 1960. He has been professor of psychology since 1970. He also served as associate provost from 1979-82, chaired Dartmouth's Department of Psychology (1977-80) and its Presidential Task Force on Computing (1981-82) and has served in various capacities on the college's Council on Budgets and Priorities since 1974.

He has been active as a researcher, receiving grants from the National Science Foundation, the National Institutes of Mental Health, the Society for Research in Child Development, The National Grant Foundation, as well as a Research Career Development Award from the National Institute of Child Health, and a National Science Foundation Science Faculty Fellowship.

Tighe is a member of the editorial board of the "Journal of Experimental Child Psychology." He has also authored, edited or collaborated on three books in his field, chapters for five others and more than 40 research and scholarly papers.

He received the B.A. degree from Trinity College and a doctorate from Cornell University in 1959.

"We're extremely pleased to have Dr. Tighe coming to direct the School of Human Development," said Dr. Alexander L. Clark, vice president for Academic Affairs. "His background in teaching, research and academic administration will undoubtedly benefit the university and provide strong leadership for the School's important work."

The School of Human Development has an enrollment of approximately 550 (almost evenly divided between graduate and undergraduate students) and a faculty of 35 which is active in research as well as professional and educational pursuits. One barometer of the school's research activity is the level of outside research funding attracted annually, approximately \$1 million during the 1981-82 academic year (the latest for which such figures are available). It offers degree programs in psychology (B.A.), speech-language pathology and audiology (B.S.), special education (B.S. and M.S.), communication disorders (M.S. and Ph.D) and human development (M.S. and Master of Arts in Teaching). A new program leading to a Ph.D. in Human Development and Communication Sciences will replace the existing doctoral program in communication disorders in the fall of 1984.



Photo by Kathy Collins

Ron Donigan, Linda Comess, and Rocky Haley in a scene from *Spoon River Anthology*.

"Where are they?

The tender heart, the simple soul, the loud, the proud, the happy one? - All, all are sleeping on the hill.

One died in shameful child-birth,

One of a thwarted love, One at the hands of a brute in a brothel,

... All, all are sleeping, sleeping, sleeping on the hill."

Spoon River Anthology, as conceived, adapted and arranged by Charles Aidman, opens Friday, Oct. 7, at 8:15 p.m., with performances Saturday, Oct. 8, at 8:15 p.m. and Sunday, Oct. 9, at 3 p.m. Showtimes for the second week of the run are Friday, Oct. 14, at 8:15 p.m., Saturday, Oct. 15, at 5 p.m. and 8:15 p.m., and Sunday, Oct. 16, at 3 p.m.

Second of the UTD Theatre "Take Five!" series, *Spoon*

Campus Activity Notes

Student Counseling Service

The Service presents The Fall 1983 Group Counseling Series with the following groups available: Test Anxiety Reduction; Stress Reduction for Academic Success; Survival, Adjustment, and Success at UTD; Effective Organization and Time Management; Building Academic Self-Confidence; Self Hypnosis for Academic Improvement.

There is no charge to participate in these groups for currently enrolled UTD students. The times for the groups will be set at the convenience of the participants. To sign up or get more information, call the Student Counseling Service at (690) 2947 or drop by MC3.202.

Dallas Association of Campus Judaism

The group's second annual picnic is Saturday, Oct. 1, at 1 p.m. Students from SMU, NTSU and UTD will gather at Curtis Park (near Lovers Lane and Hillcrest) to enjoy football, softball, singing and good food too! For more information call Don Bogen at 699-0496 or Bard at 692-2896.

UTD Accounting Honor Society

A wine and cheese party for

all accounting-related students is scheduled for Friday, Sept. 30 at 7:30 p.m. in Green Lobby. Jerry Moore, Placement Service director, and David Stokes of Arthur Andersen & Company will be the guest speakers.

University Fraternity Organization

Students interested in forming an organization to bring fraternities to UTD are invited to attend a meeting, Thursday, Oct. 13 at 1 p.m. in Student Union, room 2.304. For additional information, call Student Activities at (690) 2945.

Student Health Service

A ten-minute film on breast self-examination will be shown Wednesday, Sept. 28, in SU2.304. Continuous showings will be held from noon to 1 p.m. and from 5 to 6 p.m.

The Bloodmobile from Wadley Clinic will be on campus Wednesday, Oct. 5, and Thursday, Oct. 6, from 9:30 a.m. to 7 p.m. on both days for this fall's blood drive.

Phi Theta Kappa Alumni

In order to compile a current membership roster all PTK members are requested to submit their name, mailing ad-

dress, and phone number to either Susan Arnett in Admissions Counseling, (690) 2294, or Richard Yeager in Student Activities, (690) 2945.

Elections to fill the offices of Secretary and Treasurer will be held on Tuesday, Sept. 27, at 5:30 p.m. and Thursday, Sept. 29 at 1:00 p.m. in SU2.308. All members are encouraged to attend.

Interested candidates should contact Richard Yeager.

Who's Who Nominations

UTD has once again been recognized as an institution eligible to submit student's names for recognition in Who's Who Among Students in American Universities and Colleges. Applications are available in the Student Activities office. Deadline for submitting applications is Monday, Oct. 3.

UTD Marketing Club

The next meeting of the UTD Marketing Club will be Thursday, Oct. 6 from 6:00-7:30 p.m. in SU2.304. The featured speaker will be Dawn Phillips, Account Executive, of MARC Marketing and Research Counselors, Inc. Everyone is welcome.

River features more than 70 vignettes and 18 songs. The cast includes Ellen Bell, Gene Carter, David Clayton, Linda Comess, Ron Donigan, Keith Finch, Rocky Hatley, Elizabeth Johnson, Buddy Krogstad, Margaret Kruger, David Reeves, Tina Rosenbaum, Oliver Seale, Donna Snyder and Heather Wilson.

Directing the play is Carolyn Gillespie; Linda K. Williamson has designed the sets and

lights; and Laurel Kruger has designed the costumes. Vicki Johnston is music director with Dick and Kay Cavnar providing the music. David Schultz is responsible for the sound and Carolyn Lamkins is the stage manager.

To reserve tickets call (690) 2983 or (690) 2762. Prices are \$6 for adults, \$4 for senior citizens (65 or older) and children (12 and younger), and UTD students, faculty and staff.

"Murderer," by Anthony Schaffer, has been cancelled from the UTD Theater "Take Five!" season. It will be replaced by Edgar Lee Master's "*Spoon River Anthology*" as conceived, adapted and arranged by Charles Aidman.



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Fulbright Program offers grad study

The 1984-85 competition for grants for graduate study abroad offered under the Fulbright Program and by foreign governments, universities and private donors will close on Oct. 31.

Only a few more weeks remain in which qualified graduate students may apply for one of the approximately 670 awards which are available to over 70 countries.

Most of the grants provide round-trip transportation, tuition and maintenance for one academic year; a few provide international travel only or a stipend intended as a partial grant-in-aid.

Applicants must be U.S. citizens at the time of application, and must generally hold a bachelor's degree or its equivalent before the beginning date of the grant and, in most cases, should be proficient in the language of the host country.

Except for certain specific

awards, candidates may not hold the Ph.D. at the time of application.

Candidates for 1984-85 are ineligible for a grant to a country if they have been doing graduate work or conducting research in that country for six months or more during the academic year 1983-84.

Creative and performing artists are not required to have a bachelor's degree, but they must have four years of professional study or equivalent experience.

Social work applicants must have at least two years of professional experience after the Master of Social Work degree; candidates in medicine must have an M.D. at the time of application.

Application forms and further information for students currently enrolled at UTD may be obtained from Judy Thatch, who is located in MC1.406. The deadline for filing applications on this campus is Oct. 31.

UTD prof lone American speaker

South African Black Management Conference

Black advancement in the managerial field in South Africa—or the lack thereof—came under the spotlight at the Black Management Advancement and Development Conference held in Johannesburg, South Africa.

Speakers at the conference said it was time black managers became part of the decision-making process in white corporations in South Africa. The conference was attended by about 120 black and white company executives.

NSF awards

The National Science Foundation will award graduate fellowships for study leading to master's or doctoral degrees.

Applicants must be at or near the beginning of their graduate study. Additional information is available in the Financial Aid office, MC1.310. Application deadline is Nov. 23, 1983.

The keynote address at the conference was delivered by Dr. David L. Ford, Jr., Professor of Organizational Behavior in the School of Management and Administration at UTD. He was the only American to appear on the conference program.

For the past eight years, Dr. Ford has conducted research which concentrated on the black-white interface in commerce and industry. And as one of the few black academicians working in this sphere has had an uphill battle to have it accepted as a legitimate area of academic study by white colleagues, he indicated in an interview with a South African radio station.

For instance, many academics consider this area of study as being on the periphery or outside the main stream of organizational behavior research, even though many of the issues which he addresses are contingency management issues and concern the Person-Environment (P-E) interface—an approach which actually is very much in the mainstream of behavioral management inquiry.

This double standard assessment of his work was not a problem for the two black South African personnel consultants who organized the conference. After learning about his work, they both decided he should be invited to deliver the keynote address at the conference.

The only white participant among the 11 program speakers gave the opening address and set the overall tone for the day. Dennis Etheredge, Chairman of Anglo American's gold division, noted that hostile white attitudes were still a major obstacle to black advancement in the managerial field.

He also said that while there were many legal constraints on black people in the commercial world, it was the duty of corporations to ensure that black employees were offered training and given the opportunity to establish themselves in the managerial field. With care, Etheredge was confident South Africa would overcome the problems.

Dr. Ford's address touched on a number of problems which black managers had faced in the U.S. and drew comparisons to the experiences of South African blacks. In particular, he noted that white managers in many companies view blacks from a deficit viewpoint. That is, blacks are believed to be incompetent until they prove themselves otherwise, but whites are believed to be competent until proved incompetent.

Often, negative attitudes regarding blacks' abilities become a self-fulfilling prophecy. A black is expected to fail and if he or she does fail, it reflects poorly on the whole race.

However, if a white fails, then it is simply an individual who did not make it and this has no impact on the white race as such. According to Dr. Ford, these kinds of white attitudes result in a lack of an equal opportunity to fail for blacks.

Professor Ford said strategies that black managers in South Africa could follow included presenting their ideas in terms of whites' self-interest, insisting on the same kind of "fast-track" development for talented young blacks as was given to talented young whites, and finding mentors within the organization to promote their careers.

In some respects, Dr. Ford's trip was a "first" in that it was organized and sponsored by two black South African businessmen. In no way was the U.S. government or South African government involved in sponsoring the trip. He noted that initially many South Africans, as well as he, were skeptical that the conference would become a reality. But, they pulled it off to everyone's surprise.

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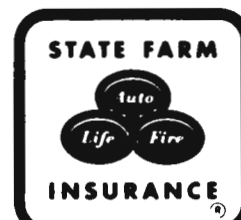
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PLACEMENT CALENDAR

Monday, Sept. 26
FINANCIAL PLANNING SEMINAR
 Student Union 2.304, 5:30-6:30 p.m.

Tuesday, Sept. 27
ENSERCH EXPLORATION
 Recruiting for exploration geologists.

COMPUTER LANGUAGE RESEARCH
 Recruiting for entry level programmers.

Wednesday, Sept. 28
PRUDENTIAL INSURANCE CO.
 Recruiting for sales and sales management.

Thursday, Sept. 29
P.C.A. INTERNATIONAL
 Recruiting for photographers.

Friday, Sept. 30
MOBIL OIL COMPANY
 Recruiting for geophysicists.

Monday, Oct. 3
K-MART APPAREL
 Recruiting for management trainees.

Tuesday, Oct. 4
ARMY & AIR FORCE EXCHANGE
 Recruiting for retail store managers, equipment and building managers, accountants, auditors.

U.S. COMPTROLLER OF THE CURRENCY
 Recruiting for assistant national bank examiners.

Wednesday, Oct. 5
FIRST CITY BANK OF DALLAS
 Recruiting for credit analysts.

I.B.M.
 Recruiting for programmers.

Thursday, Oct. 6
PINKSTON & ASSOCIATES (CPA)
 Recruiting for accountants.

Friday, Oct. 7
KENNETH LEVENTHAL & CO. (CPA)
 Recruiting for entry level public accountants.

Monday, Oct. 10
EQUITABLE INSURANCE COMPANY
 Sales and Financial Planners

Tuesday, Oct. 11
PRICE WATERHOUSE (CPA)
 Accountants

ARCO OIL & GAS
 Geologists and Geophysicists

Wednesday, Oct. 12
TOUCHE ROSS (CPA)
 Accountants

Thursday, Oct. 13
NORTHERN TELECOM
 Scientific Computer Scientists

ERNST & WHINNEY (CPA)
 Accountants

PURDUE UNIVERSITY Kranner & Graduate School of Management: Master's Programs in Management

Friday, Oct. 14
WESTERN UNION
 Accountants

GEOPHYSICAL SERVICES, INC.
 Scientific Programmers and Geophysicists

Tuesday, Oct. 18
DOW CHEMICAL/PHARMACEUTICALS
 Pharmaceutical Sales

Thursday, Oct. 20
ELECTRONIC DATA SYSTEMS
 Systems Engineering Development Program

ROCKWELL INTERNATIONAL
 Accounting and Finance Graduates

RADIO SHACK
 Retail Management, Computer Marketing Reps, Telephone Marketing Reps

Friday, Oct. 21
COOPERS & LYBRAND (CPA)
 Accountants

Sept. 26, 1983 UTD MERCURY Page 7

AROUND THE TOWN LECTURE

Sex and Diabetes, a talk by therapist E. Lee Doyle, will be presented on Oct. 4 at 7:30 p.m. at Temple Emanu-El, Hillcrest and Northwest Highway. The lecture is presented by the Association of Insulin-Dependent Diabetics. For more information, call 385-0788.

Wednesday, Sept. 28

Lecture on "History and Miracles in the 12th Century" by Giles Constable, senior medieval historian, Harvard University, and director of Dumbarton Oaks. 7:30 p.m., 207 Florence Hall, Southern Methodist University. Free and open to the public.

Sponsored by SMU and the Committee on Centers and Regional Associations of the Medieval Academy of America.

In an effort to increase area marketing university student and instructor awareness of the Dallas/Fort Worth Chapter of the American Marketing Association and the benefits of membership, the local chapter is sponsoring a complimentary get-acquainted membership campaign hosted by the Willow Distributors (Coors) on Thurs-

day, Sept. 29. Hours will be 7-9 p.m. and will include free beer and snacks. Identification will be checked at the door, so no one under 19 years of age will be allowed to attend. Willow Distributors is located at 2601 Cockrell at the junction of Cockrell and Lamar south of downtown Dallas.

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Look Ma, no motor

By ERIC SCHMIDT

I recently had the pleasure of going soaring. Soaring, or gliding as it is sometimes called, is the term which describes flying a sailplane, or glider.

There are many types of gliders made today, most of which are single-seat sailplanes, but two-seaters are also manufactured.

Generally, gliders are engineless planes that stay aloft on uprising hot air currents called thermals. Pilots are towed into the air on the end of long ropes by power planes to an altitude of about 2,000 feet and then released.

The pilot searches the sky for cumulus clouds which mark the tops of thermals. He then enters the thermal (which resembles a dust devil) and, by circling in the rising air, climbs to a higher altitude so that he can fly to the next thermal.

Thermals result from the ground heating up and then heating the air above it so that the air will move upward through cooler air (remember, hot air rises).

The lift provided by a thermal can vary from as low as 50 feet per minute to over 1,000 feet per minute. This means that for a 600 ft/min lift, the pilot can climb at 10 feet per second. Not a bad elevator ride!

Gliders have a glide ratio which depends on the aerodynamic structure of the wings of the plane. The glider I flew in had a 36:1 glide ratio. This means that for every foot that the glider descends, it will move forward 36 feet.

Consequently, the more altitude a pilot has, the farther he can fly and the longer he can stay in the air.

One problem a pilot has is that not only is lift available, but sinks are also present. A sink is just the opposite of a lift, i.e., the glider can sink at a rate of 50 to 1,000 feet per minute when it is over cool ground or bodies of water.

Consequently, competitive pilots have the challenge of finding the best lift so as to be able to fly through the sinks (hopefully) to the next thermal.

Dave Shemwell, a UTD graduate student in physics, is one of only a few thousand competitive glider pilots nationwide. He recently competed in the Region 10 South glider championships held at Georgetown, Texas. There were 49 different gliders in three different categories: open, standard and 15-meter classes.

Shemwell competed in the

15-meter class in his PIK-20 sailplane, which currently costs about \$20,000 on the market. The glider has a 55:1 glide ratio, which makes for a more challenging flight than the 36:1 ratio that some other gliders have.

In a regional competition, the pilots meet every morning to get their flight paths, or the task, for the day. The competition supervisors study the weather and set a course that is a couple of hundred miles long (usually along a triangular path).

The pilots are all launched at once and take off on course whenever they wish. They are timed over the course and their average speed (in mph) calculated.

Pictures are taken at the turn points of the flight path to verify that the course was actually flown correctly. 1,000 points are awarded to each day's winner and all competitors are given a percentage according to their speed versus the winning speed.

Consequently, many competitions, such as the national and international competitions held yearly, are decided by only a few points. One way that competitive pilots improve their average speed, providing that they do not make any major errors in navigation of flight management, is by the efficient use of ballast.

On a cross-country flight a pilot will often carry as much as 800 lbs of water as ballast. The water fills airtight bags in the wings. When pilots dive for speed at the finish of a race, they can reach speeds of 160 mph. Often these planes are only a few feet above the ground when they cross the finish line.

After crossing the finish line, the pilot dumps the water in order to gain altitude more easily so that he can safely land. The start and finish of a glider race is really something to watch.

One final problem that pilots have to face is "landing out." No matter how good the pilot, bad weather can force a landing in a field miles away from the airport. Then his ground crew must go and get him.


The ground crew are often the unsung heroes of a successful pilot as they keep in touch with the pilot by radio, retrieve both him and his glider, and attend to the glider on the ground.

All in all, soaring is an exciting and interesting sport few people know and fewer still have the opportunity to experience.



Photo by Chuck Suttive

UTD student Dave Shemwell regularly flies sailplanes similar to this one, photographed as it drifted over the farmland of Ellis County, just south of Dallas.




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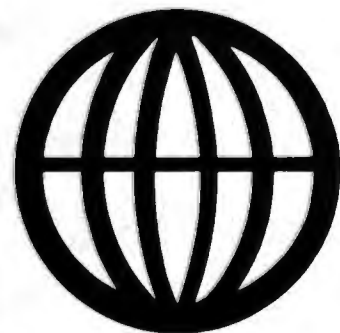
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ALL STRESSED OUT

... but getting better!

By DAVID KRAUSE

Sometimes I get so mad I want to scream. It seems the more work I've got to do, the more people want to stop by and chat with me. If the stupid phone's not ringing, Buddy's coming in and telling me how great the Redskins are, or my ex-wife's creditors are calling me and demanding payment on some loan.

On top of all that, this ego-tistical professor I've got for MIS thinks I don't have anything better to do than sit in the academic computer center 'til midnight and punch in some stupid COBOL program.

The other day I got out of bed at my usual 20 minutes before class, ate my bowl of Texas Red for breakfast, and hopped on Central for the two-and-a-half hour drive to school. As I crossed Forest lane I glanced in the mirror and noticed I still had a piece of corn stuck between my teeth. (No doubt that would impress that cute brunette with the hazel eyes in my first class.)

By noon, I'd managed to alienate everybody who had to gall to talk to me. Security wanted to revoke my Green pass for kicking Nick in the shin. Buddy kept asking me how many ads I had lined up for the next issue. Everything kept piling up. What was a good Jewish boy supposed to do?

Help for the Harried

It was about this time I decided to take some advice I'd been given by a sensible friend and visit the UTD Counseling Service. Dr. Barbara Peavey introduced me to some new ideas about stress management.

Stress is something your body develops to deal with the environment. Dr. Hans Selye has described the interactional

process as the rate of wear and tear on your body.

A certain amount of stress is normal and necessary. Even happy circumstances, like a job promotion or a new and exciting romance, are often accompanied by stress. Boredom can be another cause of stress; the restlessness you feel when all your needs are apparently being met is a form of stress.

When the coping mechanisms are not adequate or when the worries and pressures of life are too great, your body rebels. You get sick (though your body may wait until the end of the semester to give in) or have no energy and drag yourself through your activities. Your body strives to reach an optimum level of stress to keep you alert and challenged, yet "handling things."

Fifty to 80 percent of all illness is stress-related, according to Dr. Peavey. When stress levels build up in your system, your immune system falters. A biochemical chain reaction occurs in the body involving over 1,400 chemical changes.

In the days when our ancestors lived in caves, the stress was more urgent—a saber-toothed tiger looking for dinner, let's say. Fright would trigger a fight-or-flight mechanism and bring about the necessary chemical changes to prepare him for survival. Today all the sabers must be in the zoo (maybe San Diego) and our problems are more civilized—deadlines, traffic jams, etc.—but our bodies don't know that. They still try to keep us armed to fight a tiger. As the daily pressures build up, stress builds, sometimes to a breaking point.

How-To's of Stress Reduction

Your body can "talk" to you and let you know the level of stress you're under. Signals you might receive include headaches, muscle tension, restlessness, difficulty in sleeping, rapid heart beat, and even cold hands.

1. Get in touch with your body. Learn some simple breathing-for-relaxation techniques. Take up jogging. Float in a flotation tank. Take a hike. Play some racquetball with friends. Just listen to your body.

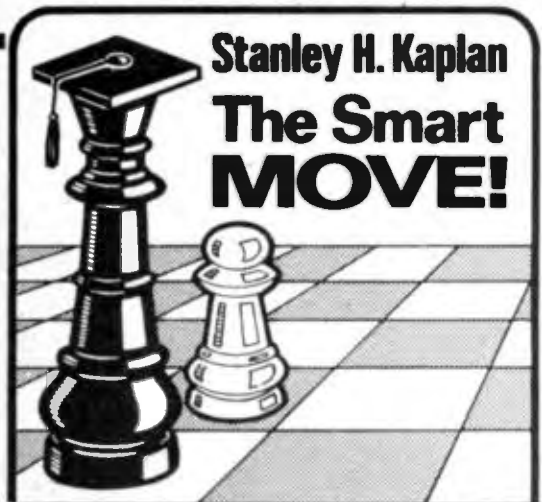
2. Improve your nutrition. That means cut out the candy, coffee, Big Macs, chips, etc.—that stuff is righteous, not right.

3. Be kind to yourself. Remember, you're #1 in your life and the time you devote to yourself should be quality time, not worry time. That may mean, if you're anything like me, that you need to just stop thinking so much. Let it be!

In future issues I will report on what it's like to be a guinea pig for stress reduction. Dr. Peavey is going to stick all kinds of weird things on me and teach me biofeedback. I'm going to float in a salt water solution, and take leave of my senses. I'll learn self-hypnosis.

At the end of all this stress reduction I may be no more than a bowl of Jello over here in the Mercury offices, but it's all in the name of science—and what do I have to lose besides ANXIETY.

If you are too anxious (or eager) to wait for future stories, go ahead and give a call to Student Counseling, 690-2947, MC3.202. They'll be glad to help you.



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Sports Shorts

Those looking for a way to improve their physical fitness this fall should sign up for either of two offerings through Sports and Recreation in October.

On Tuesdays and Thursdays beginning on Oct. 4 a jazzercise session will be offered starting at 5:15 p.m. in SU 2.304.

The fee for eight classes will be \$18.50.

Aerobics for Fitness will be presented by Susuan Tong on Mondays and Wednesdays at 5:15 p.m. beginning on Wednesday, Oct. 12 in SU 2.110. The fee for eight sessions will be \$18.50.

Sign-up will be on a first come, first served basis. Those interested should stop by the Sports and Recreation office, SU 2.202 between 8 a.m.-12 noon and 1-5 p.m., Monday through Friday to register.

★★★★

For those outdoor enthusiasts looking for places to camp or needing camping equip-

ment, Sports and Recreation can help you this fall. Located in 1.216 of the Physical Instruction building is an equipment check-out and resource center.

Students who have a valid ID card and faculty/staff who have paid the recreational facility use fee may rent equipment for overnight, weekend or longer periods of time.

Equipment available for reservation includes: two and four-person tents, sleeping bags, 48-qt. coolers, and backpacks. Fees for each item have been established based on the length of rental.

Whether you are a novice or an experienced outdoor lover, the attendants will be able to help you find camping opportunities nearby or around the state. The resource center has a variety of pamphlets and information available for you to investigate.

The hours for the camping room are available by contacting the Sports and Recreation office, SU 2.202.



Photo by Chuck Suttive

Intramural football is in full swing at UTD. In the third week of competition, three teams are tied for first place. The Mad Scientists, the Rock Jocks and the Unbeatables all have 2-1 won-lost records.

INTRAMURAL FALL CALENDAR

Activity	Entries Due	Starting Date
Dart Toss		Thur. Sept. 29
Tennis Tournament	Wed. Sept. 28	Mon. Oct. 3
Racquetball Tournament (weekend)	Mon. Oct. 17	Fri. Oct. 21
Basketball (pre-season)	Tues. Nov. 1	Mon. Nov. 7
Turkey Trot		Tues. Nov. 22

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