UTD MERCURY

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The Student Newspaper of The University of Texas at Dallas

March 21, 1983

DART offers alternative transit plans

By J.W. GIBSON

Dallas Area Rapid Transit representative Roger Albright spoke on campus March 9 as part of a 75-minute transit presentation featuring a short slide show. The event, sponsored by UTD Student Government, was attended by over 50 students and faculty, including Dr. Robert Rutford, UTD president.

Dallas presently is the only major metropolitan area in the U.S. without a permanent organization to develop and fund a public transit service for its community. Traffic has been a serious problem in the metroplex for several years. If the region is to enjoy continued economic and social

growth there must be active transit planning now.

This basic framework of ideas helped to create DART. The objective of DART is to present a viable public transportation plan and a related taxing proposal for its support. After months of planning, the board has issued its transit proposals for comment, refinement, and approval.

After Mr. Albright's opening statements concerning DART transit alternative, the slide show was presented. The slide show highlighted the differences between the four rail transit modes, and the overall feasibility of each one for our area. Physical and fiscal feasibility were the criteria used to develop the Green, Red, and

Blue plans now under consider- the most major intersections. ation

The Green plan calls for a 33-mile foundation of heavy rail, and an additional 53 miles of High Occupancy Vehicle lanes on the freeway. Tracks would be fully exclusive of automobile traffic, and would cost \$38 million per rail mile.

The Red and Blue plans both utilize light rail technology to construct a 140-mile system supporting downtown and the participating outlying communities. Cost for these two plans would be \$21 and \$19 million per mile, respectively. The Red plan provides for a semi-exclusive right of way, only crossing auto intersections in the suburbs. The Blue plan would have a grade right of way, crossing all but

Albright stressed that none of these plans is cast in stone. Citizens are strongly encouraged to make their suggestions and criticisms known to DART. After input is gathered from all 21 communities involved. DART will compile a detailed proposal to submit to voters on August 13. Voters will decide on that date whether to make DART a permanent agency by approving the plan and a one percent sales tax increase to fund it.

A question and answer session demonstrated the concern that area residents have for the transit situation. It became evident that all of the plans were developed with population and ridership in the year 2000 as a guide. Furthermore, DART

plans to greatly expand local bus service to remedy shortterm problems while the rail system is under construction. The UTD campus will be served by this upgrade of transit routes. Discount fares will be available to students, elderly, and handicapped passengers. Construction of rail lines will be planned to cause a minimal amount of interference with already congested highways.

Several citizens expressed preference for the monorail plan espoused by Max Goldblatt. In the discussion that followed, Albright explained that monorail technology still requires some research and development to be used as a major urban transit medium. For this reason, DART is not presently considering a mono-

Some guy, some doll!



It's a classic case of an irresistible force (Sky Masterson, in the person of Jeff McVey) meeting an immovable object (Sgt. Sarah Brown, portrayed by Susan Barrow), as the popular musical "Guys and Dolls" brings up the curtain at UTD. Performances begin March 25-27, and continue the following two weekends, April 1-3 and April 8-10.

UTD Police apprehend youths, retrieve stolen goods

A juvenile crime spree which left three vehicles damaged and resulted in the theft of property valued at over \$1,800 culminated in the apprehension of the offenders and the recovery of the stolen goods by UTD

Lt. Steve Bettley of the UTD Police Department reported that on the evening of Sunday, Feb. 27, two area juveniles burglarized two vehicles and vandalized a third in parking lot GR-3. They gained entry to the first vehicle, a 1979 Honda Accord, by shooting out a car window with a pellet gun, and stole a cassette stereo, amplifier, equalizer, two speakers and miscellaneous items estimated in value at \$1,500.

The youths then entered a Datsun King Cab through an open window, and stole another cassette stereo, two speakers, cassette tapes, and a tool box with assorted tools. Value of the property was estimated at \$335.

The juveniles then shot out the headlights of a 1974 Ford Maverick with a pellet gun.

Total damage to the three vehicles was estimated at \$400. Shortly thereafter, UTD Police Officer Sgt. George Magnuson stopped the offenders in their red Pontiac and recovered all stolen property. The youths were remanded to

the custody of their parents, and the investigation continues, with restitution for

damages and filing of charges pending.

According to Lt. Bettley, the juveniles had no association with UTD. "They just came here at random," he observed.

Lt. Bettley noted that it is wise to secure possessions in a locked car, but observed, "Locking your car will keep honest people out, but if a criminal wants (entry) badly enough, he'll go to any length to get it."

However, he stressed that UTD Police perform frequent patrols of the campus, and noted. "Usually there is a squad car within a few hundred yards of students whenever classes ilet out."

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Student Commentary

"Uni-lingual" Americans face distinct disadvantages

The international student who comes to UTD suffers from the adjustment to life in a different culture. It is stressful and uncomfortable. Then, after having lived and studied in a foreign culture for some time, another and similar discomfort appears upon returning home. American students in another country share similar problems. Perhaps they have more trouble than international students do in the U.S. Do you know why?

U.S. citizens have contented themselves with the belief that English is a world language which everyone else is obligated to learn. To a certain extent, it is true that many foreigners learn English as a second or third language, and they have advantages over Americans who are less willing to recognize the need for a second language.

Americans feel self-sufficient. They feel that they don't need another language. The inability to speak a foreign language and the lack of interest in learning a second tongue could have far-reaching implications for Americans who travel to other countries

France and Germany are very proud of their languages. If you were in Germany and spoke English, you seldom would hear a response. French, German and Japanese businessmen have a decided edge over their American counterparts in international trade dealing. Why are the Japanese, Germans and others doing so well in the international trade market? Because they not only learn other languages, but also learn the customs, cultures, and geography of the various countries they do business with. This is a super advantage over the Americans. It is also true that some Americans have difficulty remembering their own geography. The combination of not knowing how to converse in another country and being unfamiliar with local traditions and customs might sometimes lead to serious misunderstandings.

If institutions, colleges, and universities don't encourage learning about other areas of the world, these problems will continue and might get worse in the future. Americans will continue to have disadvantages.

Abbass Alkhafaji

Student Commentary

U.S. should set bold example for world peace through prompt reduction of nuclear weapons

In the Feb. 28 edition of the UTD Mercury, students Jeff Veazey and Anthony Kotecki reported on a recent public presentation by Dr. Abram Shuisky, advisor to the Reagan administration, whose work at the Pentagon regards the Strategic Arms Reductions Talks (START).

Shulsky's position, as expressed in his presentation, is that a "tough U.S. stance" is necessary in nuclear arms negotiations with the Soviets. Shulsky observed that the power and destructiveness of nuclear arms serve as deterrents to their use, and he described arms control as "a political necessity for any democratic government."

Following Shulsky's presentation, Veazey and Kotecki submitted the following student commentary.

I sat there listening to the President's man talking about how serious this administration is about nuclear arms reductions but insisting that the only way to get the Soviets to take us seriously is deterrence, i.e., more nuclear weapons. This is the same argument that was used in 1967 when both superpowers had a fraction of their current nuclear capability.

I understand the Russians must be watched. Their record speaks for itself. We in the free world, though, have been watching the Russians all over the globe for years, and we have deterred precious little except our own business interests and the interests of the American farmer. It seems obvious that true deterrence might come with more interdependence between the U.S. and U.S.S.R. The theorem here is that any country buying computers and gas pipeline from a country that is purchasing, say, millions of gallons of vodka from them,

an enticing trade advantage.

Yet, the sword-rattling continues-warheads are built, missiles deployed, the insane march drones on. The political rhetoric and posturing do little to console the psychologically terrorized citizens of East and West. To anyone who looks at the numbers, it is obvious that both nations are thousands of warheads beyond total annihilation already.

Whose numbers do we believe? Pentagon statistics show that in 1979, the U.S. was 4,000 warheads ahead of the Soviets. Basing systems and payloads certainly influence any measurement of superiority but by all reasonable estimates, the U.S. and the Russians are today close to nuclear parity. The buildup, however, continues.

The electorate, though, also is rattling its sword and in that, possibly there is some hope. We are growing weary of holding ourselves hostage and paying billions for the privilege.

In seven of eight states in

the November election, freeze initiatives passed. The citizenry is beginning to ask deeper, more fundamental questions about world peace and disarmament. The folly of buildup and deterrence is becoming clear.

"Strangelovian" talk The from the war room these days is of survivability and kill ratios. Incredibly, we hear reports of a whole new wave of technology in weaponry-rumors of advances toward satellite laser weapons and the more imminent deployment of highly mobile nuclear hardware in Western Europe for, unbelievably, battlefield use. The truth is that neither side is showing it is serious about arms reductions.

At the end of his recent lecture, I asked Dr. Shulsky what frame of mind would have to exist on either side to lead us toward a freeze and eventual disarmament. He replied that the ball is in the Russians' court, that we have made our proposal.

Tough negotiations and hard talks with the Russians are needed. But we must go further. Now is the time for the United States to make a bold gesture of peace-something that proves to the Soviets we are committed to the end of the arms race and re-establishes us, in the eyes of the entire world, as leaders in peace, not aggression.

We built the first bomb and used it, too. Shouldn't we now be the leader in repudiating it? Americans have applied our ingenuity around the world and it has become our trademark. Surely, we as a nation can do anything if it is the collective will, including a nuclear freeze and disarmament program.

A few weeks ago Yoko Ono took out a page in the New York Times. It was a plea to the people to make themselves heard on peace. Part of her message appears here.

"Sanity is allowing dichotomy, unity is discovering empathy, and harmony is a celebration of polarity. Our purpose is not to exert power but to express our need for unity despite the seemingly unconquerable differences. We as the human race have a history of losing our equilibrium when we discover different thought patterns in others. Many wars have been fought as a result. It's about time to recognize that it is all right to be wearing different hats as long as our heartbeat is always one." Yoko Ono Lennon, Surrender to Peace, New York Times, Jan. 24, 1983.

> Jeff Veazey **Anthony Kotecki**

would be hesitant to nuke such

Student Commentary

In spring a young man's fancy turns to . . . golf courses at UTD?

It happened one afternoon while I was walking in from the parking lots on my way to class. Here I was, one minute a calm, collected graduate student, the next the author of a new and revolutionary idea for our expanding university. Maybe it was the balmy spring weather or maybe it was photosynthesis from actually feeling the heat from the sun, but a growing thought emerged.

With all of the vast tracts of land which surround our campus, why not put some of it to use? UTD currently boasts of a one-mile running track, tennis courts, baseball diamonds, football-soccer fields but no teams. Why not put in a golf course?? (At least put the basketball hoops up again!)

Even a partial golf course-9 holes, several par 3s, or a driving range-would be a nice improvement. Then we might be able to have a golf team; you don't need 9 or more mem-

bers as in the case of our illfated baseball team. Furthermore, revenues could be realized by charging interested faculty and students a use fee (as is the case for lockers now) and making the mini-course available to community people for a standard greens fee.

I'm sure that both interest and money would be generated from the implementation of this idea. In addition, with all of the mowing and watering and landscaping that goes on here year round, the challenge of a golf course should be welcome by the physical plant personnel.

Personally, I think that this idea could be a successful one for UTD and would like to see it seriously considered. So . . write to your neighborhood Student Council Representative, the Student Body President, the President of the University (Dr. Rutford), the Director of Sports (R. Clickner) or the Editor of the Mercury.

UTD MERCURY

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E. Schmidt

The UTD Placement Service assists students and alumni who are seeking employment through the provision of on-campus interviews by representatives of business firms and governmental. educational, and social agencies. The service maintains a library on career options and provides assistance in the development of resumes and the establishment of credential files which will be reproduced and forwarded to interested employers upon the request of the student. Speakers, workshops, and seminars also are available to assist students to develop interviewing techniques. gain information about job market trends and conditions, and gather career information.

Tuesday, March 22

SPECTRUM PLANNING

Interviewer: Dr. Duncan Mc-Intosh, vice-president, engineering. Recruiting for Project Engineers, Frequency Coordinators Requirements: May graduates. Bachelors or Masters in Physics.

ALLSTATE INSURANCE CO. Interviewer: Ms. Beverly Gray, employment manager. Recruiting for Unit Supervisor Trainee and Claim Adjuster Trainee. Requirements: May graduates and recent graduates. Bachelors in Business preferred but will consider all majors.

BIOSEARCH, INC.

Interviewer: Ms. Diana J. Wright, vice-president. Recruiting for Manager Trainees and Department Supervisors. Requirements: May graduates and alumni. Bachelors, Masters or Ph.D. in Biology, Chemistry, **Environmental Science.**

GARLAND INDEPENDENT SCHOOL DISTRICT

Interviewer: Ms. Sharon Swires. personnel facilitator. Recruiting for Teachers. Requirements: May graduates. All teaching fields.

Wednesday, March 23

LINCOLN PROPERTY CO. Interviewer: Mr. Don Kanzler, director, systems. Recruiting Computer Programmer/ Analyst. Requirements: May & August graduates and alumni. Bachelors or Masters in Management Information Systems.

COLLIN COUNTY CO-OP Interviewer: Ms. Cindy Michaels. Recruiting for Teachers. Requirements: May & August graduates and alumni. Bachelors or Masters in Special Education, Speech Pathology. or Communication Disorders.

Thursday, March 24

COLLIN COUNTY CO-OP See Wednesday, March 23.

ST. REGIS PAPER COMPANY Interviewer: To Be Announced. Recruiting for training program - Business Applications, Cobol. Requirements: May graduates. Bachelors or Masters in MIS.

TINSLEYS

Interviewer: Mr. Eddie Heinemeier, director, human resources. Recruiting for Management Trainees for Dallas area. Requirements: May graduates and alumni. Bachelors in all majors.

URSULINE ACADEMY

Interviewer: Iva W. Mitchell, academic dean. Recruiting for Secondary School Teachers in English Mathematics, Science, Social Studies, Art, & Theology. Requirements: May graduates and alumni. Bachelors or Masters in English, Mathematics, Sciences, Social Sciences, Theology, Art.

Friday, March 25

URSULINE ACADEMY See Thursday, March 24.

Wednesday, March 30

NABISCO BRANDS, INC. Interviewer: To Be Announced. Recruiting for Inventory Analyst. Requirements: May graduates and alumni. Bachelors in Management, Marketing, Accounting, Industrial Engineering, Mathematics.

MEDICAL DATA SYSTEMS Interviewer: Mr. Daniel J. Duffee III, president. Recruiting for Management Trainees. Requirements: May graduates, all majors.

ETC/STUDY SKILLS CENTER

The ETC/Study Skills Center offers students a number of programs directed toward the improvement of necessary

The Writing Place, providing one-to-one assistance for students with writing problems, continues to meet during the following hours: Monday 10 a.m.-6 p.m.; Tuesday, 11 a.m.-2 p.m.; Wednesday, 1-4 p.m.; and Thursday, 10 a.m.-3 p.m.

General information sessions for the GRE, GMAT, and LSAT will be offered during April. Please check with the ETC/ Study Skills Center located in McDermott 3,228, or call 690-2746 for dates and times, or for any additional information on the services offered by ETC.

GRF Verbal Reviews will be offered in afternoon and evening sessions. The GRE verbal reviews will run on Tuesdays, March 29 through April 5 from 4:30 to 6:15 p.m., and on Wednesdays, March 30 through April 13 from 12:30 to 2 p.m. All reviews will meet in McDermott 3.224.

The Learning Tool Shop, a place to build study skills with one-to-one assistance, is open for business in McDermott 3.402. Help is provided for study skills problems any time during the following hours: Mondays, 10 a.m. to 2 p.m. and 4 to 6 p.m.; Tuesdays, 11 a.m. to 3 p.m.; Wednesdays, 1 to 4 p.m.; Thursdays, 11 a.m. to 3 p.m. No appointment is necessary to take advantage of this opportunity to sharpen skills in notetaking, textbook use, concentration, and a variety of other study skills areas. For further information, contact the ETC/ Study Skills Center located in McDermott 3.228 or call 690-

> Welcome Back from Spring Break!

Campus Activity Notes

College I. Natural Sciences and Mathematics

Carl Sagan's acclaimed "Cosmos," a 13-part video series, will be presented at UTD under the sponsorship of College I, Natural Sciences and Mathematics.

Beginning on Monday, March 21, two episodes will be shown each week in SU 2.308. The daytime showings will air on Mondays from 11 a.m. to 1 p.m., and the evening showings will take place on Thursdays from 4:30 to 6:30 p.m.

Further information is available through the Student Activities Office at (690) 2945.

Asian Lecture Series

A Spring Lecture Series concerning Asian sociology, art, politics and architecture will include four presentations scheduled March 22-April 26.

Co-sponsors of the series are the Colleges of Arts and Humanities and Social Sciences, the Arts of Asia Fund and the Student Activities Advisory Board.

Spéakers will include Dr. Susan Naquin, associate professor of History at the University of Pennsylvania; Dr. Donald Stadtner, associate professor of Art History, and Dr. Gordon Bennet, associate professor of Political Science, both at the University of Texas at Austin; and Mr. Anthony Hutt, master of philosophy at the London School of Oriental and African Studies, and expert on Islamic art and architecture.

Information regarding lecture topics, dates, times and locations is available through the Student Activities Advisory Board at (690) 2945.

Dallas Association of Campus Judaism

The Dallas Association of Campus Judaism held a Purim Party on Sunday, Feb. 27 in

the Student Union. UTD students joined others from North Texas State University and Southern Methodist University for the festivities. Rabbi Bard Schactel attended the party with his gregor (noise maker) tucked in his pocket, ready for the traditional use whenever the name "Haman" was spoken.

On Wednesday, March 9, the UTD group joined in an SMU seminar featuring First Lieutenant Nahum Tutnauer, a pilot in the Israeli Air Force. Lt. tutnauer, who was accompanied by his wife, addressed the topic, "Why Israel Invaded Lebanon.'

For information about the association and its meeting dates, contact Don Bogen at 699-0496

UTD/CALLIER THEATER

Auditions for a production of "You're a Good Man, Charlie Brown," are scheduled for Thursday, March 31 and Friday, April 1 starting at 7 p.m. at the Callier Center for Communication Disorders, a branch of the University of Texas at Dallas located at 1966 Inwood Road in Dallas. The musical is scheduled to run May 13-June 5.

The theater is seeking singers, who are asked to bring a picture and resume and to be prepared to perform one uptempo song. An accompanist will be provided. For an audition appointment, call theater director Tom Cantu at 783-3041

Six Flags Discount Tickets

Six Flags Over Texas has made available discount tickets for the 1983 season to UTD students, faculty and staff. The \$11 tickets represent a \$1.95 saving on the price of admission to the park. To purchase tickets, or to review the Six Flags calendar listing hours and dates of operation, visit the Information Desk or Student Activities office in the Student Union

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Deadlines near for 5 scholarships

A number of scholarships currently are available to UTD students. In addition to the summaries provided below, information regarding the scholarships is available from Dr. Sheila Simmons, Student Services, at (690) 2281. Applications can be obtained at the Financial Aid office in Mc-Dermott 1.310.

Marketing Club Scholarship

The Marketing Club will provide two \$200 scholarships for the spring semester. Criteria for the merit-based awards include the following:

Applicants must be full-time (12 hours) undergraduate marketing students; membership in the Marketing Club is desirable but not required. Candidates must submit the UTD Scholarship Application (available at the Financial Aid Office), two letters of recommendation, and grade transcripts to the Financial Aid Office by Monday, April 11.

Dallas Retired Teachers Association

The Dallas Retired Teachers Association will provide a \$500 scholarship, to be divided into two \$250 awards designated for the Fall semester 1983 and the Spring semester 1984.

Academic achievement and financial need will be determining criteria in the selection of a recipient.

Candidates must complete a scholarship application; provide a transcript indicating a grade point average of 3.0 or above; be a resident of Dallas County; be working toward teacher certification; and submit two letters of recommendation from UTD faculty familiar with the student's work. Deadline for applications is Friday, April 1.

Floyd Qualis **Memorial Scholarship**

The American Council of the Blind has announced the availability of the Floyd Qualls Memorial Scholarship for legally blind students. Twelve scholarships ranging in value from \$1,000 to \$2,500 will be awarded at the National Convention

of the American Council of the

Blind in Phoenix, AZ next July. Applicants must complete an application, submit a current resume and three letters of recommendation, provide proof of acceptance in an accredited post secondary school, and submit a certified transcript from the school the student presently attends, or most recently attended.

Leading candidates will be interviewed via telephone during the month of May; successful applicants will be notified by June 15.

American Business Women's Association/North Dallas Chapter

The North Dallas Chapter of the American Business Women's Association offers two \$1,000 scholarships to qualified women.

ABWA is an educational association whose primary objective is to promote the professional, educational, cultural and social advancement of business women through education.

Candidates must be business women or women seeking a business or professional career. Applicants must demonstrate financial need; must be enrolled in, or plan to enroll in, a curriculum; and have at least average grades. Deadline for applications is April 1; applications will be submitted to the membership in May, and the recipients will be evaluated and selected by majority vote.

Petroleum Accountants Society of Dallas

The Petroleum Accountants Society of Dallas will provide seven scholarships ranging from \$600 to \$1,000, to be awarded in April to outstanding accounting students.

Awards will be made to fulltime accounting majors now in their junior year, or seniors who have been accepted to graduate school.

Deadline for applications is Monday, March 28. Further information is available by contacting Janice Jantz at GR3.124.

MERCURY APRIL DEADLINE

Two issues of the Mercury are scheduled for publication in April. Deadline for news, advertising, letters to the editor, and other information for the April 4 issue is Thursday, March 24.

Deadline for the April 18 issue is Thursday, April 7. Submissions should be made to the Mercury office at SU 2.106; or at campus phone (690) 2286.



?hi Theta Kappa Alumni Association Officers elected for the 1982-83 term include (top, I-r) Dawn Dinger, president; Richard feager, vice-president; (bottom, I-r) Violet Cearley, historian; Shella Bellows, treasurer; Sandra Wood, secretary. The association promotes academic scholarship and leadership, and assists PTK student members who transfer to UTD.

"World of Computer" courses solve mysteries of machines

For many people who sit down at a computer terminal, faced with numerous keys and coded names, the first thought that comes to mind is probably, "This does not compute."

But understanding computer language doesn't have to be hard-if you know what you're doing, says Molly Stewart, coordinator for "The World of Computer" courses which will

UTD students eligible for poetry contest

Humanities Advancement of New Lenox, IL has announced. its "No Frills Poetry Contest," offering cash prizes of \$1,000, \$250 and \$100 for three winning entries.

All entries will be judged by qualified member of the organization's staff, and winners will be notified and awarded their cash prizes on or before April 30.

Official contest rules include the following:

Deadline for entries is midnight, March 31. Poems on any subject and in any style will be accepted, if not exceeding 35 lines in length, and legibly printed or typed. Title of the poem and the poet's name, address and phone number should be included. Poets may enter any number of poems, and will retain all rights to the poems; however, Humanities Advancement reserves the right to publish the three prizewinning poems for free distribution to all contest entrants. A handling fee of \$5.00 per poem (check, cash or money order) is required.

Entries should be sent to: Humanities Advancement, P.O. Box 276, New Lenox, IL 60451. be offered in March and April by UTD's Center for Continuing Education.

"Many people are frightened of computers because computers look a lot harder than they really are," Ms. Stewart explained. "But once you understand how they work and all that they're designed to accomplish, you see how easy it all is and how practical they are. You can find so many uses for them."

The 14 courses will offer practical, "hands-on" experience using the Texas Instruments' 99/4A computer, Ms. Stewart said, adding that students will be introduced to the basics of computer terminology, programming and more.

While there are several courses designed for adults. Ms. Stewart said the majority are for children who are interested in computers.

"Computers are a real help in teaching kids," Ms. Stewart said. "Computers can teach kids math, help them break down problem solving into steps and provide them with the tools to learn how to think more logically and analytically."

And above all, children enjoy learning how to "talk" computer, she said. "Childreneven those in the first and second grades-pick up on computers very quickly. One reason is because they aren't afraid of the machines. They enjoy learning on computers and seem to have a natural aptitude for it. In fact, they do better than most adults do," Ms. Stewart added.

Because enrollment is limited, Ms. Stewart advises those interested to call the Center for Continuing Education as soon as possible at 690-2204.

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Breast Cancer Awareness Week stresses value of self-examination

"Keep in Touch with Your Body" is the theme for the 1983 Breast Cancer Awareness Week sponsored by the Dallas Central Unit, American Cancer Society, March 21-25. Free breast self-examination programs will be offered in cooperation with more than 20 facilities within Dallas County.

UTD Student Health Service has scheduled a free program on Tuesday, March 22 at 12:30 p.m. in the Student Union 2:304.

Motivated by a Gallup Poll report that only 35 percent of American women actively practice monthly breast self-examination, local ACS volunteers have formed a task force committee chaired by George Peters, M.D. The task force committee's goal is to help women in Dallas develop good health habits, which include the monthly self-examinations.

Dr. Peters explains, "One in 11 women eventually will develop breast cancer. The single most effective way to protect themselves is monthly self-examination. We know that approximately 95 percent of women with breast cancer discover the lesion themselves. If they do regular breast examination, they are more likely to discover the lesion earlier," when treatment may be more beneficial.

Dr. Peters noted that the American Cancer Society has listed the following warning signals for breast cancer: breast changes that persist, such as a lump, thickening, swelling, dimpling, skin irritation, distortion, retraction or scaliness of the nipple, nipple discharge, pain or tenderness. He summarized, "Women can help themselves to better health by knowing how to achieve it."

As an additional incentive to attend the UTD program on March 22, the ACS and local businesses are joining forces to offer a drawing open to all women who participate.

By attending a class and by signing a pledge card to do a breast self-examination on a monthly basis, the women have a chance at winning any one of the following gifts: a fashion color consultation, a Lancome facial, a get-away weekend at the Double Tree Inn, and others.

The drawing will be held March 28 at 3 p.m. at the American Cancer Society.

For further information, call the Student Health Service, 690-2747.

Behavioral medicine approach treats tension headaches through patient awareness

By AMANDA S. RIDINGS

It can start with any number of symptoms: an aching neck, a tightened jaw, sensitivity to light or sound. It can feel like a band is tightening around your head.

If you're one of the multitude who suffer from tension headaches, these symptoms are probably recognizable to you. But what you might not know is that there are methods, other than medication, to help "defuse" the tension headache before its pain cycle begins.

Dr. Barbara S. Peavey, behavioral medicine psychologist, explained to a group of two dozen students attending a March 2 seminar, that tension headaches have a number of characteristics which set them apart from sinus or vascular headaches.

The most common type of headache, a tension headache begins with steady, increasing pain that doesn't pulsate. The pain, which occurs on both sides of the head, results from sustained muscle contractions which put extreme pressure on the blood vessels (vasoconstriction) and tissues.

This pressure reduces the amount of oxygen and nutrients the blood vessels are able to supply. As a result, the contracted muscles release chemicals that stimulate pain impulses in the nerve endings, and pain is felt, signaling that something requires attention. "A tension headache is like the indicator light on a dashboard, telling you that something is wrong," Dr. Peavey explained.

The "offending" muscle contractions can be caused by such psychological factors as stress and anxiety, or by such

physical conditions as poor posture, frowning or jaw clenching.

To help the patient become more aware of the particular circumstances affecting his headache, the behavioral medicine psychologist asks the patient to do three things: to evaluate psychological factors ("Am I under stress, anxious, etc.?"); to "palpate" or feel muscles in the face, jaw and neck areas to identify tension; and to explore posture problems that may be affecting the situation. "By answering these questions, Dr. Peavey noted, "the patient will be able to begin correcting factors that are influencing the headache."

Although behavioral medicine psychologists may prescribe various medications, they also educate patients in the areas of self-responsibility, self-control, and life style changes, with a goal of reducing the emphasis on medication. Generally, an individual treatment plan is made which consists of a combination of relaxation training, biofeedback to reduce or stabilize muscle tension; cognitive skills training (to reduce the impact of negative thinking during times of increased stress); and guided imagery training (visualization). Dr. Peavey demonstrated massage techniques and acupressure points which. when properly manipulated, can assist in "short-circuiting" the tension headache.

Dr. Peavey emphasized that students who are chronic sufferers can benefit from the services of the behavioral medicine clinics in the Health Center or the Counseling Center. For more information, call Counseling at (690) 2947.

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Gaining the Edge:

Running's bonus for students: clear senses, better recall

By RICHARD HACKNEY

Editor's note: UTD student Richard Hackney has competed in running events ranging from two miles in length to six days in duration. He has set two world records, one running 28 miles backwards and another completing a six-day road run. He has been nominated for inclusion in the Guinness Book of World Records and has been featured in "Ripley's Believe It or Not."

The university environment centers around teaching a person how to improve his or her quality of life through education and personal relationships.

One of the major hangups I've found about college life is the time consumed studying. Any tool that can be employed to help get some sort of leverage on studying could mean the difference between just passing a course and really understanding and retaining the material. I've found that aerobic conditioning, specifically running, can give that edge.

The elusive "runner's high" associated with distance running gives a person an internal feeling of self-satisfaction and confidence in his/her overall ability. In his book on aerobic conditioning, Dr. Kenneth

Cooper states that this high feeling could be the result of the flow of beta-endorphins in the blood system. Running enhances this flow because it produces a constant rate of exertion on the cardio-pulmonary system, thus strengthening the heart and lungs. Beta-endorphins also improve one's sense of sight, smell, and hearing.

If a student is better able to see what he reads and to hear and comprehend the meaning of a point, it follows that he will require less study time.

This could prove to be helpful in all school endeavors, especially in relieving the pressure students experience the week before midterm or final examinations. With so many negative habits that a person could develop, isn't it nice to find a "positive addiction" that is actually healthful?

A person doesn't necessarily have to run a marathon to enjoy the runner's high; it can be experienced with a slow and enjoyable one- or two-mile run. The quality of the commitment to running is the key; proper diet, training and mental attitude are the ingredients that comprise that key. In my next article, I will outline a guide that helped me improve all three.

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He/She? Him/Her?

Let's call the whole thing off!

By AMANDA S. RIDINGS

Most people hate conflict, and I particularly hate ideological conflict. Today I find myself considering an issue that pits the liberated feminist in me smack-dab against the practical journalist.

Across my desk has passed excerpts from "Guidelines for Non-Sexist Language of the American Psychological Association." Purpose of the guidelines is to improve awareness of "the generic use of male nouns and pronouns when content refers to both sexes...."

In plain English this means using he, his, him in sentences when the gender of the subject is undefined. Examples: "Anyone interested in the job should submit his application." "A student should explore all avenues open to him."

The philosophy is that this prejudicial use of the male pronoun discriminates against women and perpetuates the myth that the male is superior.

"Aha!" cries the feminist in me, "This is an issue I can really get into!" The feminist, you see, is that part of me that has always resented expressions like man and wife (which suggests to me that the married man remains a man, while the married woman becomes some kind of possession or property),

The feminist continues, "Use of the male pronoun perpetuates stereotypes." She could be right; sentences like, "The lawyer should prepare his case," or "The governor must serve the people who elected him," may indeed support the stereotype that people in positions of responsibility or authority are usually male.

"Well, wait a minute," the journalist in me responds. "While I see your point, I want to cast a vote for 'functionality.' Automatically modifying the 'sexless' subject with male pronouns saves a lot of confusion and effort.

"Different people have tried various means of dealing with the issue," the journalist continues. "Some use slashes to

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show choice of gender: he/she; him/her; his/hers. It's distracting and it takes up too much space." The feminist sneakily observes, "Isn't it interesting that in that system, the male pronoun usually precedes the female pronoun? You know, the old 'top billing' syndrome?"

Undaunted, the journalist continues, "I am reminded that in a revised edition of a book by Dr. Benjamin Spock, the author allows the same fictitious child to be referred to as he and she in alternating paragraphs. Again, it's distracting and, I feel, unnecessary.

"Besides." continues the journalist (now "on a roll!"), the American Psychological Association guidelines are inconsistent. They suggest that the average man should become the average person and manpower should become personnel. However, official titles such as Department of Manpower should not be changed. they say; now we get into sticky exceptions to the rules. And exceptions there will have to be, because everyday words like manhole and manager just won't make sense when you substitute a neuter word like person for man. Have you ever fallen down a personhole?'

As the feminist and journalist hash it out, I emerge with the feeling that this is all "much ado about nothing," and like the old song that goes, "to-MAY-toes, to-MAH-toes, po-TAY-toes, po-TAH-toes," I'd prefer just to call the whole thing off.

For sexism, like beauty (or handsomeness, if I am to avoid a hint of sexism in my terminology!) is in the eye of the beholder. While some contend that consistent use of the male pronouns discriminates against women, I have always taken the opposite view: that as the system stands, "Anyone can be he, but it takes someone special to be she."

Call me sexist if you will, but don't be too hard on me. After all, I'm only huperson.

By DEAN WASHINGTON

Many students who recently graduated from UTD still are seeking jobs. About 500 more who are expected to graduate this May also will be looking for jobs.

Mrs. Jerry Moore and her staff at the UTD Placement Service provide a broad variety of services which help individuals match their talents with employers' needs.

"The most important thing for placement and its progress is understanding UTD's students and their needs here," Moore said. "They're different; they have good qualities and they are persistent in their search for employment."

Moore established UTD's Placement Service six years ago and became its first full-time director. Placement offers centralized services responsible for all full-time employment. "That means helping students who are already in school find full-time positions related to their major field of study," Moore said.

"If you need help in locating a position, or if you just want to sit down with a qualified counselor and discuss your future, we will recognize you as an individual," she emphasized. In conjunction with personalized attention, the office has a vast amount of resources.

Included are credential files, career advisement and career counseling, a placement library, professional listings, direct referrals and career events. Placement also maintains current listings of permanent positions, including teaching opportunities. This information is available to all degree candidates, alumni and other interested students.

Moore makes no secret of her high regard for the students she encounters in her work. "I call them my 'Southwestern Moral Ethic Gold Mine,' because they're motivated achievers, competitive, well-



MRS. JERRY MOOR

prepared; they have some work experience, and they're prepared to work hard at finding the right position and making themselves successful on the job."

Placement Director sees students

as "Southwest Moral Gold Mine"

Moore added, "I believe placement to be another adjunct to the educational process. You can earn a degree, but you also need to know where to look to pursue a professional career."

Additional information may be obtained by calling Mrs. Jerry C. Moore or Placement Office Secretary Mrs. June Ascherin at 690-2943. The Placement Office is located in the lower level of McDermott Library in room 1.408.

Improved Circulation?

Here's a chance to improve your circulation--and ours! If you've been looking for a way to get a little exercise, or if you want to learn your way around campus, join the Mercury's distribution team! Volunteers are

needed to distribute the student newspaper throughout campus. If you'd like to "get physical", call the Mercury office at 2286 or stop by SU 2.106 weekdays between 10 a.m. and 1:30 p.m. We'll be glad to fill you in!

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Experiences gained in life aid Dan Sellers in creating "organic, natural" metal art

By KATHRYN R. COLLINS

Daniel Sellers expects his art to "speak for itself . . . earthy . . . natural."

His work with giant steel structures is "basically intuitive.

"I work until a shape begins to come out of it . . . when the sculpture says this is the direction it needs to go."

And visitors to the UTD campus can view his two-toten-foot "Recent Works in Steel" both inside and out of the Visual Arts Gallery beginning April 8 and continuing through May 5. The artist's reception is set 7-10 p.m. Thursday, April 7.

Sellers, artist-in-residence and recent graduate of Southern Methodist University, is guest artist for the annual Associate Dean's Invitational Exhibition this spring at UTD.

He explained in a recent interview that his growth as an artist began with "object artmaking pretty things" and moved to a stage in which he is trying to see if "it"-the object—is saying something.

Many of his works include glyphics, surface welding reminiscent of ancient symbols barely visible through the rust patina surface.

"Demogorgon" will be one featured sculpture in the show. Sellers explained that the al-



Artist Daniel Sellers strives to create an "organic, natural" feeling in his works. Many feature glyphics, surface welding reminiscent of ancient symbols barely visible through the rust patina surface.

chemical term refers to a nearpurgatory. He describes the piece as "a ruin . . . a place I would like to be if I were ever an archeologist. . . . Organic. . . . Natural." The glyphics are part of the "mood setters - to create the aura of a forbidden

The young artist is teaching three casting workshops this semester at Southern Methodist University: iron, bronze, and aluminum.

Sellers is an Oklahoman who grew up farming and playing football; his first two years of university training came from a football scholarship.

"Two years and two knee operations later" he decided to find out what was really happening across campus in the Art Barn. And his life changed.

His farm welding experience is put to excellent use as a metal sculptor, and his Army training and travels broadened his outlook for further university training, he said.

Sellers was chosen from several artists considered for the invitation because of "his fresh, bold approach," according to Associate Dean of the Arts, Dr. Victor Worsfold.

"The exhibition is designed to spotlight outstanding and promising area artists," Dr. Worsfold explained. "And we feel that Danny will bring a quality exhibition to our campus for the community and our students as well."

Juried arts exhibit has works of 54 **UTD** students

A juried art exhibit representing the many media through which visual arts are explored at UTD continues until March 29 at the Visual Arts Gallery.

Stephen Nash of the Dallas Museum of Fine Art served as judge, and narrowed the selection to 106 entries in such media as photography, ceramics, sculpture, oil and pastels. Five video tapes also are fea-

Fifty-four UTD students earned places in the exhibition, to which admission is free and open to the public.

Hours are 9 a.m. to 5 p.m. weekdays, as well as some evening hours. For further information, contact Kathryn Collins at (690) 2982.

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UTD FILM SOCIETY

Wednesday, March 23

David Lean's "Ryan's Daughter," starring Trevor Howard and Sarah Miles, rated R, Great Britain, 1970, FNA 7:30 p.m. only.

Friday, March 25

Agnes Varda's "Le Bonheur," rated G, France, 1965, FNA, 7:30 & 9 p.m.

Wednesday, March 30

Bergman's "The Virgin Spring," starring Max von Sydow and Gunnel Lindblom, rated R, Sweden, 1959, FNA 7:30 & 9:15 p.m.

Friday, April 1

Fellini's "Roma," rated R, Italy, 1972, FNA 7:30 & 9:30 p.m.

For further information, call 690-2945.

UTD PHILOSOPHY SOCIETY Thursday, March 24

Pat Sullivan, graduate student, Southern Illinois University, "Philosophy and Medicine." Meets at 2 p.m.

Thursday, March 31

Jerry Gill, professor of Philosophy, Eastern College, St. Davids, PA, "Art, Philosophy, & Knowledge." Meets at 12:30

All meetings in Student Union 2.304.

UTD THEATER

March 25-27, April 1-3 and April 8-10

"Guys and Dolls" directed by Michael Gillespie, in University Theatre, Fridays & Saturdays at 8:15 p.m., Sundays at 3 p.m.

For reservations and further information call 690-2983.

Arts Cancellations

Two events in the Spring Lively Arts have been canceled. They are: Peter Vollmers, Clarinet and Saxo-Recital. phone Faculty April 17 and UTD Chamber Singers, April 22.



Untouchables unbeatable!



THEIR NAME SAID IT ALL! — Of the seven teams competing in UTD's spring intramural Basketball schedule in January and February, the Untouchables (above) lived up to their name, emerging as champions at the Feb. 23 playoff. Members included (seated) Inder Seekri, captain; Mike Wofford; Mark ishmael; (standing) Mike Littman; Ed Baracchini; Paul McKimmey. Second place honors went to the Mavericks (below), whose players included Rob Bristow; John Evans; Jorge Laboy; Jim Malcolm, captain; John Rodman; Dean Sherry.





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